

Trainingsplan Sommer 2018 VfL Eintracht Hannover , Trainer:Roland Ravens(Mobil: 0160-93 81 91 76) .Trainingsstart: Di.24.04. (aktualisiert am 19.04.2018,22 Uhr)

Tag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	
Zeit							Zeit
14.00-15.00	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX	14.00-15.00	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	9.00-10.00
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
15.00-16.00	XXXXXXXXXXXXXXXXXX	15.00-16.00	15.00-16.00	XXXXXXXXXXXXXXXXXX	15.00-16.00	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Luis Jordan(2010)		XXXXXXXXXXXXXXXXXX	Joris Vollmer(2006)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Mats Schwab(2010)		XXXXXXXXXXXXXXXXXX	Elias Amado(2006)	XXXXXXXXXXXXXXXXXX	10.00-11.00
	XXXXXXXXXXXXXXXXXX	Hanno Homberg (2009)		XXXXXXXXXXXXXXXXXX	Frederik Schlenska(2006)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Hugo Kössler(2009)		XXXXXXXXXXXXXXXXXX	Bruno Kössler(2006)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
16.00-17.00	XXXXXXXXXXXXXXXXXX	16.00-17.00	16.00-17.00	XXXXXXXXXXXXXXXXXX	16.00-17.00	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Lasse Sprenger(2003)	Josephine Adamamus(2004)	XXXXXXXXXXXXXXXXXX	Sam Nalshekan(2002)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Linus Busch(2003)?	Mino Elvers(2009)	XXXXXXXXXXXXXXXXXX	Natalia Trzcinska(2002)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Aaron Meyer(2000)	Emma Hülsmann(2004)	XXXXXXXXXXXXXXXXXX	Ian Hogan(2002)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Roman Steenbock(2002)	Annika Vollmer(2010)	XXXXXXXXXXXXXXXXXX	Jan Perleberg(2000)	XXXXXXXXXXXXXXXXXX	11.00-12.00
	XXXXXXXXXXXXXXXXXX		Lida Arvin((2007)	XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
17.00-18.00	XXXXXXXXXXXXXXXXXX	17.00-18.00	17.00-18.00	XXXXXXXXXXXXXXXXXX	17.00-18.00	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Eleanna Moschovakis(2010)		XXXXXXXXXXXXXXXXXX	Mats Schwab(2010)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Mila-Lotte Döring (2011)	Erwachsenentraining	XXXXXXXXXXXXXXXXXX	Maximilian Winkelbach(2007)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Elly Hamann(2010)		XXXXXXXXXXXXXXXXXX	Benedikt Thurm(2008)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Line Pfeiffer(2007)		XXXXXXXXXXXXXXXXXX	Paula Amado(2007) ?	XXXXXXXXXXXXXXXXXX	12.00-13.00
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
18.00-19.00	XXXXXXXXXXXXXXXXXX	18.00-19.00	18.00-19.00	XXXXXXXXXXXXXXXXXX	18.00-19.00	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Jette Rilke(2002)	Angelique Salli(1997)	XXXXXXXXXXXXXXXXXX	Lasse Sprenger(2003)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Tjorven Peetz(2003)	Natalia Trzcinska(2002)	XXXXXXXXXXXXXXXXXX	Johann Breiding(2001)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Nina Meding(2003)	Noah Oehlerking (2003)	XXXXXXXXXXXXXXXXXX	Carlo Wrede(2004)	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX	Julian Zurth(2002)	Ian Hogan(2002)	XXXXXXXXXXXXXXXXXX	Roman Steenbock(2002)	XXXXXXXXXXXXXXXXXX	13.00-14.00
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX	Arthur Seiler(2002)	XXXXXXXXXXXXXXXXXX	
19.00-20.00	XXXXXXXXXXXXXXXXXX	19.00-20.00	19.00-20.00	XXXXXXXXXXXXXXXXXX	19.00-20.00	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX		Lisa Stöver (2009)	XXXXXXXXXXXXXXXXXX	Erwachsenentraining	XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	
	XXXXXXXXXXXXXXXXXX			XXXXXXXXXXXXXXXXXX		XXXXXXXXXXXXXXXXXX	